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The Real Age Makeover



Synopsis

The Real Age Makeover [Paperback] Michael Roizen (Author)

Book Information

Paperback: 506 pages

Publisher: Collins; 1 edition (2004)

Language: English

ISBN-10: 0965499731

ISBN-13: 978-0965499736

Package Dimensions: 9 x 6 x 1.4 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 3.5 out of 5 stars 2 customer reviews

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Customer Reviews

The Real Age Makeover [Paperback] Michael Roizen (Author)

This is one of the best books on health you can read. In fact I would say it is a must read for anyone who wants to "take years off their looks and add years onto their life". I've recommended this to many of my friends and bought it for others.

My rating should be enough of and answer, I either liked it or I did not like it! Thank You!

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